WHAT IS CLAIMED IS:

- 1. A resin substrate for optical use which comprises a multilayer structure having a surface roughness $R_{\rm a}$ of 0.8 nm or lower on at least one side and having an average thickness of from 100 to 800 μ m.
- The resin substrate for optical use of claim 1, which has a layer of a cured epoxy resin.
- 3. The resin substrate for optical use of claim 1 or 2, which has a transparent hard coat layer having a thickness of 0.1 µm or larger as a surface layer and a poly(vinyl alcohol)-based gas barrier layer as a superposed layer underlying the hard coat layer.
- 4. The resin substrate for optical use of claim 1, wherein the surface roughness Ra is 0.2 nm or lower.
- 5. The resin substrate for optical use of claim 1, wherein the average thickness is from 200 to 500 μm_{\odot}
- 6. The resin substrate for optical use of claim 2, wherein the epoxy resin is selected from the group consisting of a bisphenol A type epoxy resin, an alicyclic type epoxy resin, and a tryglycidyl isocyanurate type epoxy resin.